



ROK Golf Elite Junior Camps

@ Hill Country Indoor

Ages 14-18

Option #1: Monday, June 10 – Thursday, June 13, - 10:00 – 1:00 p.m.

Option #2: Monday, July 15 – Thursday, July 18, 10:00 – 1:00 p.m.

Instructor: Gerald Haynes or Dan Suedbeck

Participants will take part in various activities during each camp. Individuals will be tested using the TrackMan Combine test at the beginning and end of the week to measure progress.

Daily activities will revolve around;

- Guided Practice with Video Analysis
- On course Play/Strategy
- Wedge and short game work
- Gapping Analysis
- Basic Golf Fitness & On Course Nutrition

Ideal for competitive juniors that play competition golf

Instruction and Play will be flighted by Skill Level – 4 Per Bay, Limited to the first 4 juniors to RSVP

Cost: \$275 ROK Members, \$350 Non-Members